

# Home Emotional Literacy Assessment

This tool is designed for parents or guardians to observe emotional behaviors at home. It can also be shared with a trained professional for further evaluation or feedback.

## Child's Information

Name:

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Age:

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Date of Assessment:

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Person Completing This Form:

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## Daily Emotional Behaviors

How does your child typically express happiness?:

How do they express anger or frustration?:

How do they respond to sadness or disappointment?:

Are there certain triggers for strong emotional reactions?:

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## Communication & Awareness

Can your child identify their emotions with words?:

Do they recognize emotions in others easily?:

Do they ask for help when overwhelmed?:

How do they typically calm down or self-regulate?:

## Social & Empathy Indicators

How does your child show empathy toward others?:

Do they show concern for peers or siblings?:

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Do they take turns, share, or compromise easily?:

### **Parent/Guardian Reflection**

Are there specific emotional strengths you've noticed?:

Are there any concerns or patterns you want a professional to evaluate?:

### **For Professional Use (Optional)**

Feedback/Recommendations by Professional: